



The Lantern

14 November, 2014

Term 3, Issue 3



As a school community, we are planning for 2015 and designing learning that will support our students to realize their capabilities. Research tells us that one of the most important determinants for successful learning is the belief in oneself as a learner. This is more than confidence, it is the learner's belief that she can learn and that she contributes directly to this successful learning. Just as importantly, we need to believe that our girls can learn.

When I think about how we need to readjust our thinking, I recall this story: a person came upon an unbroken eagle's egg that had fallen from its nest. Unable to climb to the top of the tall tree, the person put the egg into the nest of a scrub turkey, where eventually it hatched. The fledgling eagle looked at the other scrub turkeys and did as they did; he accepted and imitated their daily routine. One day, an eagle flew over and the now ageing eagle looked up in awed admiration, as the great eagle soared through the sky. "What is that?" he gasped in astonishment. An old scrub turkey replied, "I've seen one of those before. It's an eagle, the strongest and most magnificent of all the birds. But don't get ideas that you could be like that. You're like the rest of us, a scrub turkey." So, shackled with this belief, the eagle lived and died thinking he was a scrub turkey.

Our attitudes not only determine how we choose to regard ourselves, but how other human beings will treat us. Our attitudes and the choices that we make today will be our lives tomorrow, for our reactions can take us forward or take us down. For our girls, we want them to have positive attitudes about themselves in all spheres of their lives. And we want them to believe that they can be successful learners.

At Nagle College, we need to be able to recognise and appreciate the gifts that God has given us that enable us to be our unique self.

"When I saw you hang up my first painting on the refrigerator, I wanted to paint you another one.

Diary Dates

Friday November 21
Presentation Day

Wednesday November 26
Year 7 Social

Monday December 15
Year 7-11 Prizegiving

Wednesday December 17
HSC Results Day
Last day for all students

Wednesday January 28
Back to school
Term 1 2015

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When you thought I wasn't looking, I saw you feed a stray cat and I thought it was good to be kind to animals.

When you thought I wasn't looking, I felt you kiss me good night and I knew I was loved.

When you thought I wasn't looking, I saw that you cared and I wanted to be everything that I could be.

When you thought I wasn't looking, I heard you say a prayer and I believed there was a God that I could always talk to."

Author unknown.

God bless,

Delma Horan

From the Assistant Principal

Learning

Schools are all about learning. Staff and students are always learning at Nagle. Staff take part in hours of professional learning every week. This is all about improving both their content knowledge and how best to engage the students in the learning process. Students are engaged in five hours of learning every day in addition to hours spent learning outside the classroom. Hopefully the learning outside of the classroom includes taking advantage of any opportunity to visit or attend plays, musical performances, art galleries, museums or libraries so that they have a fuller picture of the world they are presently part of and will be more fully engaged with after Year 12.

Our present Year 10's (Year 11 in 2015), will be engaged in a special learning program in Weeks 8, 9 and 10. In Week 8 they will take part in a Transition Week of presentations, workshops, guest speakers and practical activities. This transition program is aimed at preparing both their minds and bodies for senior school. Mrs Concato has done an excellent job in planning and putting together this special week of learning. In Weeks 9 and 10 the girls will follow their Year 11 timetable. The purpose of this fortnight is for the students to have an introduction to their courses and gain an insight into how to achieve their personal best.

Mr Michael Hall

From the Leader of Teaching and Learning

TOP 10 TIPS FOR PARENTS TO MANAGE CHILDREN'S TECHNOLOGY USE

Parents are often at a loss about how to manage the amount of time children spend using technology. This is becoming particularly difficult as students are required to not only undertake their research electronically, but also to complete their work from school either on-line or at least on the computer. It can be hard to tell whether your daughter is doing legitimate work or whether or not she is getting distracted with games, social media and the like.

Here are some tips to help you manage your daughter's technology use.

1. Model good technology behaviour

Parents are the number one role model for students. If you are always on your phone, iPad or computer, even if it's for work, you are sending the message that this is appropriate. Make sure you regularly take time to "unplug" and demonstrate that it's more important to engage with people than technology. For example turn off your phone when you are having a meal or family time (even for a short burst).

2. Try to understand the technology your daughter is using and why

Some students will happily use the technology available to help them with their homework without getting distracted. However, some will easily become distracted by, or will prioritise, social media, online gaming, apps related to their interests, YouTube, etc. To help your daughter manage these distractions, it is useful to spend time with her understanding how she is using technology and why. Developing this understanding will help you set limits which are reasonable to both you and her.

3. Set clear limits in relation to technology time

Parents need to decide what they consider to be a reasonable amount of technology time per day and per week. As mentioned above, understanding why and how your daughter is using technology will inform this decision. What works for each family will be different, but options could include: no technology before school, technology for a particular amount of time each day and electronic games on the weekend only. It's vital to be consistent with whichever system you choose if it is to work well.

4. Monitor technology use

If you aren't sure what your daughter is doing when she is on the computer (homework or something else), then move the computer to where you can monitor what is happening. This can be difficult depending on your family and the space available. If it's not possible to move the computer, consider doing quiet activities in the space she is using, such as reading or ironing, so that you can monitor the use of technology.

5. Establish “screen free” systems - days, spaces etc.

Make sure technology doesn't dictate your home and family life. Establish “screen free” spaces such as the dining table. Perhaps have a screen free day on the weekend. This encourages the whole family into more active pursuits and positive interactions.

6. Centralise storage of handheld devices

Have a rule that all handheld devices are stored in the one place (along with their chargers) so when it's not an approved technology time, the device is away and not causing a distraction.

7. Use technology time as a reward

Show that you can be reasonable and flexible. If your daughter has done all her schoolwork and has enjoyed other activities and completed chores, there is no reason why some additional screen time can't be used as an occasional reward. However, mixing up the rewards with other activities will benefit the whole family.

8. Provide lots of opportunities for physical activity and socialising

Time which used to be spent in physical activity or more creative leisure pursuits is now often spent on technology. Providing opportunities for students to participate in meaningful and enjoyable activities away from technology helps them to find other interests and connect with people. Options include organised sports, playing music, learning a new skill, etc.

9. Use parental controls to block particular sites

Parental controls are useful to block particular websites which have inappropriate content or which easily distract your daughter. The Australian Government's CyberSmart program makes various recommendations

<http://www.cybersmart.gov.au/Parents/About%20the%20technology/Parental%20controls.aspx>

10. Change the WiFi password

If nothing else works, and your daughter is constantly on social media or surfing the net, consider changing the WiFi password. Whilst it's an extreme measure, it is sometimes useful as a reminder that there are other things that need to be done.

Learn more about how to work effectively at home and manage distractions by working through the units on www.studyskillshandbook.com.au. Our school's access details are:

Username: fornaglecollegeonly

Password: 54results

Ms Dympna Reavey

Year 7 News



In LGL Year 7 have been discussing the importance of good leadership within our community. We have been investigating the different qualities of good leaders and looking at what makes different leaders successful within our community. We have looked at ourselves as leaders and identified the different qualities, which we each have been blessed with, to make us leaders within the different communities to which we belong. This

investigation into leadership was used to assist students in putting forward their consideration for nomination for SRC. Students from Year 7 were invited to write a letter to Mrs Horan outlining the reason they believed they should be considered for nomination for SRC. Year 7 were then invited via email to vote for the two people they believed would best represent their student body in 2015. I am very pleased to announce that the SRC Leaders for Year 8 in 2015 will be, Agalaya Papadokokolakis and Majorie Laquian. I would like to take this opportunity to congratulate all of Year 7 on the mature manner in which they have approached this process. At all times they have been respectful of each other and have demonstrated true leadership.

Year 7, have also been busy living out the College value of Welcome. Year 7, were invited to write a letter of 'welcome' to the 2015 Year 7 class. The students had a chance to take a trip down memory lane and recap their year. There were many laughs as they recalled their first day and weeks as the newest members of the College community. Year 7, were very excited to pass on their words of wisdom and welcome to the new Year 7 students.

Over the past few weeks families would have received a number of letters from the College. I ask that the responses to each of these letters be returned as soon as possible to assist the College in the organisation of upcoming events.

If you have any questions or concerns regarding your daughter, please feel free to contact me via the College Office or directly at dshean@parra.catholic.edu.au

Mrs Diane Shean

Year 7 Co-ordinator



Year 8 News

Recently Year 8 travelled to the Winbourne Conference Centre, Mulgoa for their Formation Day. The theme for the day was "The Word of God Alive" and all activities for the day were aimed at the development of this, firstly as an idea, then as putting it into action in our lives.

There were some fun activities and interesting talks that were all designed to look at how the words we use can have an effect on others, both in a negative and a positive way. One of the highlights was the "mystery box" created by Mr Wilson which contained one of the most dangerous things known to humans!

The day was concluded with a moving liturgy which was made all the more special as it was the complete creation of the girls themselves. I would like to congratulate all of the girls for the enthusiastic way that they contributed to the day, as well as the positive way that they interact with each other on a daily basis. The word of God is truly alive in Year 8!!

Mr Houseman - Year 8 Co-ordinator



Year 10 News

World Global Dignity Day

On the 24th of October, we, as Year 10 students, were given the opportunity to attend the World Global Dignity Day conference at the Parliament House of New South Wales accompanied by Miss Moran. It was a day where we were able to extend our knowledge and understanding of what dignity is when it comes to us as unique individuals and the community. When we arrived at Parliament House, we were seated in the conference room where we gathered with over 160 students from across Sydney and surrounding areas. After being welcomed and introduced to the day and what it involved, we were spoken to by Professor Ron McCallum. (The first blind person to be appointed a professorship at a university in Australia and to be Dean of a Law faculty in Australia.) He spoke to us about his life and previous experiences especially with his disability and how it only made him a lot more driven and motivated to educate and help people understand the meaning of a dignified life.

Following on from this, we were split into groups with students from five other schools and began workshops on defining dignity and what it means to us in our everyday lives. We looked at the Universal Declaration of Human Rights and linked it with how we, as students, can show these morals and fundamental values within our school community. This also gave us an opportunity to think of our own experiences where we have showed dignity. This was particularly beneficial as we were able to listen to other students share their stories and previous experiences that were inspiring especially considering they were only 15 to 16 years of age.

At the conclusion of the day, all of the students came back together, and we watched a video on the importance of Global Dignity day and the impact it has made on people worldwide.

Overall, this day was very beneficial as we were able to look deeper into the meaning of dignity and what it means to preserve each and every person's dignity regardless of gender, cultural background and physical capabilities.

By Olivia Sargent and Jessica Graham



CHEERLEADING

In Term 2 Nagle College started their very first competitive cheerleading team. We started training every Wednesday afternoon from Term 2 where we spent our lessons learning many new stunts and basic skills. As the weeks went on and skills developed we began to learn different sections of the routine: eg jumps, tumbling, pyramid and dance with the help of Miss Attwood, Mrs Concato and fellow student Jess Graham in preparation for one of the biggest school competitions in Australia, the AASCF Scholastic National Cheer and Dance Championships.

As the competition got closer, nerves started to kick in, competition uniforms were arriving, training was becoming more serious and competitive and outside training sessions for hours on a weekend were conducted.

We woke up on Sunday morning with a post from Miss Attwood on Edmodo 'rise and shine, it's comp time'. This was when it finally kicked in that after 2 terms of training we were going to perform our routine for the very first time. We met at the State Sport's Centre in Homebush on Sunday 26th October at 8:30am, received our bows, applied glitter and put bottles of hair spray in our hair ready for competition time.

We warmed up and rehearsed, and then at 10:00am we went to check in. We sat on the floor backstage stretching our backs, ankles, wrists and legs. We were then told we were allowed on the warm up floor where we had a 5 minute time limit. On the floor we did a practice of the full routine, and then practised our placing on the floor. We then prepared to go on.

While on the competition floor we were no longer nervous, more excited and the adrenalin was pumping. When the 2 minutes and 17 seconds were over we ran off the floor. We were all excited and were very proud with our performance. At 1:45 all the competitors were asked to come to the floor where we were told our placing.

Although we came 4th we were still very proud of the way we performed. We put our hearts into our performance out on the floor and competed to the best of our ability. The following day we received the score sheet that stated that we would have come second before deductions. This was a very proud moment for us as it was our first competition.

Overall this was an incredible experience and we wouldn't have been able to get there without the help of Miss Attwood, Mrs Concato and our fellow Year 10 student Jess Graham. We started as 25 students who had very little understanding of cheerleading and now we are a team, who share a love for a very different and competitive sport.

Year 10

Kiralee Hurst & Jessica Graham



SPORT NEWS

A note went home on Tuesday this week explaining the changes for sport next year. This has been an ongoing conversation within the school over the last couple of years. Parents were encouraged to complete a survey last year in regards to sport. It is our hope that the changes explained in the letter improve sport participation here at Nagle. The letter outlined the Term 1 activities for each grade as well as their sport day. The sport day for each grade will be changing due to the school timetable. Once the sport day for each grade is confirmed I will send a letter home to notify students and parents. Students will wear their sport uniform on their allocated day. Parents will be notified of each term's activities via the newsletter.

Attached to the sport note is the permission slip. The slip asks whether your daughter has permission to make their own way to the venue. Unfortunately, the tick boxes to indicate yes or no did not show on the note. We will always have transport from school for those students without permission; however your daughter may make her way to the venue if she has permission. Please cross or tick next to the sentence to indicate whether she has permission or not.

If you have any questions about sport in 2015 please don't hesitate to contact me at Nagle College.

Natalie Bonaventura
Sport Co-ordinator

The Duke of Edinburgh's Award Scheme 2015

The Duke of Edinburgh's Award Scheme is operational at Nagle College in 2015 and students aged 14 and over may join the program. The Award is a self-development program available to all young people. The Award is non-competitive and encourages young people to set and achieve goals at a level appropriate to their needs. There are four sections that must be completed for a young person to qualify for an Award: Service, Skills, Physical Recreation and Adventurous Journeys. These activities provide an opportunity for students to acquire and develop skills, initiative and self-esteem which will help them become more confident and contributing members of the community. The Award is highly regarded by many employers.

There is a Parent Information Evening on Wednesday 3/12/14 between 6:30pm and 7:30pm in the College library. This evening is to introduce the scheme requirements, safety, costings and selecting the right equipment for expeditions. If you wish to be a new participant and a part of the scheme in 2015, it is compulsory that you attend.

There are limited places available so we hope your daughter will take advantage of this opportunity to join this internationally recognised program. I look forward to meeting you on the 3/12/14 and hearing any questions you may have.

Bianca Vieiro
Duke of Edinburgh Co-ordinator

Duke of Edinburgh International Award

In November 2014 the Duke of Edinburgh International Award – Australia, hosted a private tour by Prince Edward, Earl of Wessex, KG GCVO. This tour was to promote the award and celebrate its achievements.

One of the key events of the visit by his Royal Highness was the Award Trivia Challenge held on Tuesday the 4th of November 2014 the Sydney Powerhouse Museum. Commonwealth Games athletes and medallist hosted the Night.

Nagle College was fortunate enough to be selected by Ballot to attend this evening. As an award group we were able to send 3 awardees and Award leader to the event. The Awardees that represented Duke at Nagle were Matilda Wood, Amy Hubner and Gabrielle Knight. Matilda and Amy are both in Year 10 and have completed their Bronze awards in 2013 and are currently completing their Silver awards. They are both, as part of their service requirement of the Silver leaders assisting in the training of new awardees. Gabrielle is in Year 9 and is a Bronze participant and has just completed her Bronze award.

The night gave students the opportunity to meet other awardees, share ideas and experiences and participate in a fun night of Trivia. We shared our table with a lovely group of participants from Darwin as well as sponsors from Burns Real Estate.

As part of the Trivia night we were also privileged to have several guests of honour share our table. During the first and fifth round of trivia we had the CEO of The Duke of Ed Australia Peter Kaye join us.

On the second round we had the Private Secretary to His Royal Highness Tim Roberts join us. On the third and fourth round of trivia we had His Royal Highness Prince Edward, Earl of Wessex, KG GCVO join us.

It was great to share conversation and laughter with these special guests. Our Nagle girls must have made an impression as the CEO of Duke of Edinburgh, Peter Kaye mentioned us in his closing address. This really made the girls feel special and confirmed the genuine interest of our guests in our conversations and achievements.

Each person was also awarded a commemorative medal to celebrate the night.

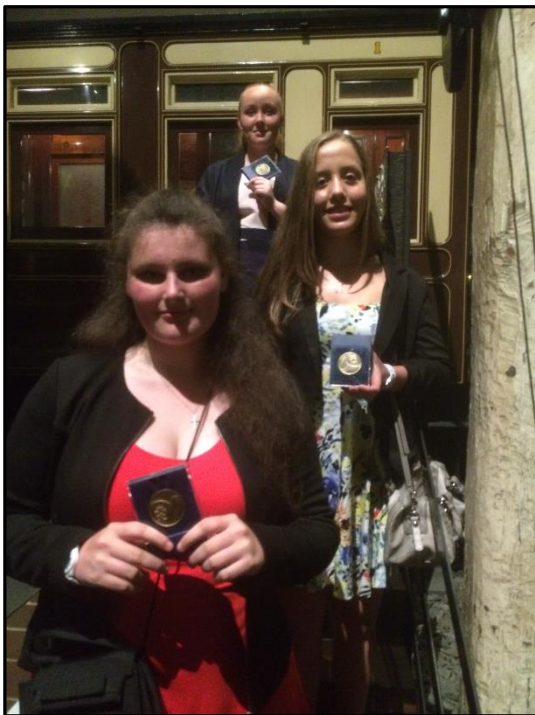
I personally would like to thank the girls for their enthusiasm and involvement in the night and I felt privileged to take such outstanding young women to this wonderful event.

Mrs B Vieiro

Duke of Edinburgh Award Co-ordinator



Duke of Edinburgh International Awards





Health
Western Sydney
Local Health District

IMPORTANT NOTICE TO PARENTS

Re: Whooping Cough - Public Health alert

There has been an increase of whooping cough (Pertussis) notifications in the Western Sydney area since June 2014, particularly in the 2155 postcode area.

In order to prevent further cases of whooping cough Western Sydney Public Health Unit advises the following:

If your child (or any member of your family) has any of the symptoms of whooping cough, such as **a dry or persistent cough**, which may be especially bad at night, please **see your doctor** and take this notice with you. A nose and throat swab test can be performed to confirm the diagnosis.

If your child has whooping cough, your doctor will arrange a course of antibiotic treatment. Antibiotics given early in the illness are effective in stopping the cough and in preventing spread to other people. If your doctor diagnoses whooping cough please advise the school and keep your child at home until s/he has taken 5 days of antibiotics.

A whooping cough fact sheet is enclosed. More information on whooping cough is available on the NSW Health website at <http://www.health.nsw.gov.au/Infectious/whoopingcough/Pages/default.aspx> or please call Western Sydney Public health unit on 9840 3603 if you have any queries.

Thank you for your attention.

Western Sydney Local Health District
Centre for Population Health
LMB 7118, Parramatta BC NSW 2124
Tel 9840 3603 Fax 9840 3608

Transition News

The Careers Advisory Service

From Thursday 18 December 2014 to Tuesday 23 December 2014, careers advisors will be available on 1300 300 687 or via email at <http://www.cas.det.nsw.edu.au> to offer professional, friendly and impartial advice following the release of HSC results. This is a free service.

The Careers Advisory Service website also contains helpful information to assist students in clarifying course choices, employment opportunities, career pathways and training options.

Mastering the HSC for Students studying Year 11 or 12 in 2015

Mastering the HSC is a unique program designed to motivate, empower and organise students, and ensure they are provided with the necessary skills and information to maximise HSC results. The program features in depth subject specific advice from select HSC teachers and exam markers. Hints and tips arising from years of HSC marking and teaching will be provided to students throughout each lecture.

The program will be held on Saturday 15 November 2014 at University of Sydney (Camperdown) and Sunday 23rd November 2014 at University of NSW (Kensington)

Normally valued at \$250, these lectures are being offered to students for just a \$10 donation to the charity representatives who will be in attendance on each day. The proceeds collected will be donated to the Fred Hollows Foundation.

To collect a brochure with more information please see Mrs Farrugia or call 1300 364 173

Australian Defence Force Recruiting

The following information sessions will be held in November:

- Royal Military College – Monday 17th November
- Navy – Wednesday 19th November
- RAAF Aviation – Tuesday 25th November
- Combat Roles – Wednesday 26th November

The Information Sessions will be held at Defence Force Recruiting Parramatta – Level 4, 9 George Street, Parramatta – and start at 6.30pm .

These information sessions will be attended by an ADF member who will give specific presentations on the night relating to the particular aspect of the Australian Defence Force.

If you wish to attend please RSVP to tcptnsw@dfrc.com.au specifying the **NAME** of the Information Session and the **DATE** you wish to attend.

ACU Change of Preference Information Sessions

Change of preference period is from 18 December to 7 January and is the last change for students to change their list of course preferences once they have their ATAR result. It's a time to be realistic about course preferences and consider pathway options.

ACU is holding a change of preference information session to be held after ATAR scores are released so students can review their course preferences in light of their result and consider pathway options to their desired course.

The information sessions will occur on Tuesday 6 January 2015, 9.00 am - 2.00pm at both of the following campuses:

-ACU North Sydney

40 Edward Street, North Sydney NSW 2060

- ACU Strathfield

25A Barker Road, Strathfield NSW 2135

UTS Festival of Design and Architecture

Curious about the future of design and architecture?

Come and see designs that can change everyday life or landscape projects that can change whole cities. The UTS Festival of Design and Architecture shows how UTS students are shaping the future of the design, architecture and property professions.

The festival will showcase a wide variety of career opportunities available to students who study design, architecture and built environment degrees at UTS. The work is multi disciplinary but the outcomes all reflect the way in which good design impacts contemporary life and the way we inhabit our expanding cities. .

The festival runs from 30 October to 12 December. For additional information please visit:

<https://www.uts.edu.au/about/faculty-design-architecture-and-building/what-we-do/uts-festival-design-architecture-2014>

Message from Business Manager – Mary Fairhurst

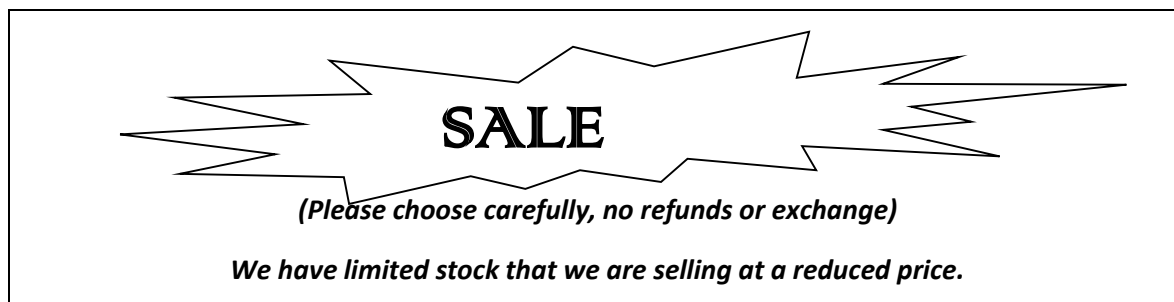
School Fees

Thankyou to all our families that have finalised their school fee account for Year 2014. If you are experiencing difficulty in finalising your account, please do not hesitate to contact me on 88874501 to discuss options.

Uniform Shop – Last day trading Tuesday 9th December 2014.

A reminder to current Year 10 students, Snr Shirts (\$45.00 each) and tie (\$20.00) must be purchased by Tuesday, 9th December, 2014.

Also as we are moving to a new style of sports uniform over the next two (2) years we have our existing stock that we are selling at a reduced price.



ITEM	WAS	SALE PRICE
White Polo Shirt	\$30.00	\$20.00
Sports Shorts – current style	\$30.00	\$20.00
Tracksuit - current style	\$100.00	\$75.00
Jumpers - current style	\$80.00	\$50.00

New Items available for Terms 2 and 3

New items are available for the winter months and are optional to purchase. Jumpers are still available at a reduced price. Orders will be taken for Snr Cardigans (zip front) and Jnr Cardigans (button front), sizes range from 8 to 20, cost to purchase is \$85.00. **If you would like to purchase any of the new items, orders and payment must be made by Tuesday, 9th December 2014**

Before and After School Drop-off and Pick-up

Please do not obstruct parking in the CELC (Catholic Early Learning Centre) bays which are not only dangerous for our parents dropping off pre-schoolers, but are also making it very difficult for buses to safely drop off students at the appropriate gates.

These parking spots are strictly designated for CELC parents, so I would ask parents to have some consideration and not park in these bays if you do not have toddlers attending the CELC. Please also be mindful that the large school buses need to take the turning circle wide and therefore parking directly opposite the entry or exit point makes it difficult for the buses in the mornings and afternoons.

If all parents adhere to the correct parking bays, this will ensure the safety of all students whether they are attending Nagle College, St Michaels' Primary School or the CELC.

Thanking you for your understanding and consideration.

New Signage

You may have noticed our beautiful new signs on Reservoir Road as well as in front of the school, which will be advertising our up and coming events, as well as it being a congratulatory noticeboard.



(This is not the true quality)

From time to time we will display photos of your daughter in recognition of her achievements. If you do not agree to have your daughter's name and/or photo displayed on any of the electronic noticeboards, please complete the tear off slip at the bottom and return as soon as possible.

-----tear off & return to office-----

I do not give permission for Nagle College to display on any electronic noticeboards, my daughter's name or photo that she may appear in.

.....
Parent Name	Parent Signature
.....
Student's Full Name	Date

From the Bishop

Christian Meditation Day

This Christian Meditation Introduction & Renewal Day at St Benedict's Monastery includes presentations, Introduction to Christian Meditation, two periods of meditation, Eucharistic Celebration and information exchange. BYO picnic lunch. Tea & coffee provided. Books & CDs for sale. All welcome.

Date: Sunday 16 November, arrive 10am for 10.30am, concludes about 3pm.

Venue: Monastery is at 121 Arcadia Rd, Arcadia, tel (02) 9653 1159. Self-catering accommodation may be available in the monastery guest house. Contact Br Terry 0438 282 318.

Inquiries: Ann Bergman (02) 9498 2625, anniebergman@hotmail.com

Australian Catholic Historical Society Colloquium

This month's topic is Making Hymns with James McAuley: liturgical change in Australian Catholic life. Speaker: Richard Connolly, composer and former head, ABC Radio Drama and Features. Admission free, no membership required.

Date: Sunday 16 November, starts 2.30pm.

Venue: Crypt Hall of St Patrick's at Church Hill, Grosvenor St, The Rocks.

Inquiries: Dr John Carmody, President ACHS, (02) 9417 2082, john.carmody@sydney.edu.au

Holy Hour for Vocations on 20 November

Everyone is welcome to join the Holy Hour for Vocations on the 3rd Thursday of each month for an hour of adoration, prayer, music and quiet time. To find out more about priesthood in the Catholic Diocese of Parramatta contact Fr Warren Edwards – Vocations Director: tel 0409 172

700, vocations@parra.catholic.org.au

Date: Thursday 20 November, from 7pm-8pm.

Venue: Blessed Sacrament Chapel, St Patrick's Cathedral, 1 Marist Plc, Parramatta.

Faith at the Fiddler

A forum for young people aged 18-35 to come together to discuss issues of faith and spirituality in the warm and friendly atmosphere of Sydney's most famous pub. This month's speaker is Sherry Weddell. Topic: 'Forming Intentional Disciples – The Path to Knowing and following Jesus'. An initiative of the Diocese of Parramatta and Catholic Education Parramatta.

Date: Thursday 20 November, from 5pm-7pm.

Venue: The Mean Fiddler, cnr Commercial & Windsor Rds, Rouse Hill.

Details: Steven Buhagiar – Catholic Education, Parramatta, sbuhagiar@parra.catholic.edu.au

Rachel's Vineyard Healing Retreat

This weekend retreat is designed to bring psychological and spiritual healing to anyone who has been affected by an abortion experience including women, men, couples and grandparents. Rachel's Vineyard Ministries Australia is supported by the Australian Catholic Bishops Conference.

Dates: Friday 21 November to Sunday 23 November.

Venue: Mount St Benedict Centre, Pennant Hills.

Inquiries: tel or SMS 0400 092 555, info@rachelvineyard.org.au

Write to: PO Box 317, St Peters, NSW, 2044. Visit: www.rachelvineyard.org.au

Recollection and Prayer Day

Nurses, doctors, allied health workers, carers and all who have a loving heart for the sick are invited to a Recollection and Prayer Day. The aim of the day is for those in the caring professions to have a time of prayer and recollection and be renewed in their professional calling. It is hoped that by coming together with others your first love of your profession will be rekindled and the fire reignited.

Keynote address by Fr Marcelo (Bong) Pamintuan MI, Camillian Priest and Chaplain to The Children's Hospital Westmead. The day will include discussion, prayer times, quiet time, group sharing and a closing liturgy. Reconciliation will also be available.

Venue: Sacred Heart Parish, 14 Ralph Street, Westmead.

Date: Saturday 22 November 2014 from 10am-3pm. There is a 9am Parish Mass preceding the prayer day.

Suggested donation \$10: BYO lunch, morning tea (tea & coffee provided).

Inquiries: Michelle tel (02) 4734 3150 (BH) or michelled95@hotmail.com

Vocation Discernment Weekend on 22-23 November

All young men who feel God might be calling them to the priesthood are invited to the Catholic Diocese of Parramatta's Vocation Discernment Weekend. To find out more about priesthood in the Catholic Diocese of Parramatta contact Fr Warren Edwards – Vocations Director tel 0409 172 700 or email: vocations@parra.catholic.org.au

Faith in Our Future: A Day of Growth and Friendship

In keeping with the Diocesan Pastoral Plan, Faith in Our Future, Life Ascending Australia has chosen 'Fulfillment of Faith in our later years' as the subject for a reflection day. The day is aimed mainly at the over 50s however everyone is welcome. There will be two theme-based sessions, Mass, plus a presentation on the Church in Samoa, including a Samoan choir.

Date: Tuesday 25 November, commences 9.30am, concludes 2.30pm.

Venue: Winbourne, 1315 Mulgoa Rd, Mulgoa.

Cost: Suggested donation of \$15 to defray costs, includes morning tea, BYO lunch, tea & coffee.

Details: Margaret Smith tel (02) 4753 1031, cliffmargaretsmith@hotmail.com

An invitation from the Good Sams

Is there something More to life? The Sisters of the Good Samaritan – the Good Sams – extend an invitation to young women to join them for a weekend of prayer, reflection and conversation. Experience the Good Sam story and explore the More to life for you. Does God make a difference? YES for Good Samaritan Sisters.

Dates: Friday 28 November 6pm to Sunday 30 November 5pm.

Venue: Mount St Benedict Centre, Pennant Hills Rd, Pennant Hills.

Further information: www.goodsams.org.au


Festive Lunch at Gabby's at Berry

Travel with the Social Group from Our Lady Queen of Peace Parish at Greystanes to the small historic township of Berry on the picturesque South Coast. Gabby's, with its sweeping timber staircase and spectacular leadlight windows is the venue for our three-course festive feast. Entertainment included.

Date: Tuesday 2 December. Bus departs 8.45am at 20 Virgil St and 8.50am at the bus stop opposite OLQP Church, 198 Old Prospect Rd, Greystanes

Cost: \$65 including coach, morning tea & lunch. Book now, places filling fast: Payment in full required at time of booking with Marie (02) 9896 7046, 0414 782 358 or Frances (02) 9636 5548, 0421 027 119

Bulletin Board



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